

Talk to your healthcare provider  
about **HIV testing**.



HIV is different now.  
It's treatable. You can live a healthy life.



You should be tested for HIV **every 5 years**.

Get tested more often (at least once a year)  
if you have ever:

- been sexually active;
- had a sexually transmitted infection;
- used **or** injected drugs;

OR if you are pregnant.

For more information see:

[www.saskatchewan.ca/hiv](http://www.saskatchewan.ca/hiv) or [www.skshiv.ca](http://www.skshiv.ca) or call

