

Talk to your healthcare provider
about **HIV testing**.



HIV is different now.
It's treatable. You can live a healthy life.



You should be tested for HIV **every 5 years**.

Get tested more often (at least once a year)
if you have ever:

- been sexually active;
- had a sexually transmitted infection;
- used **or** injected drugs;

OR if you are pregnant.

For more information see:

www.saskatchewan.ca/hiv or www.skshiv.ca or call

