

TREAT COMORBIDITIES PER CCS HF RECOMMENDATIONS (INCL. AF, FUNCTIONAL MR, IRON DEF, CKD, DM)

DIURETICS TO RELIEVE CONGESTION (TITRATED TO MINIMUM EFFECTIVE DOSE TO MAINTAIN EUVOLEMIA)

## HFrEF: LVEF $\leq$ 40% AND SYMPTOMS

### Initiate Standard Therapies

**ARNI or ACEi/ARB**  
then substitute **ARNI**

**BETA BLOCKER**

**MRA**

**SGLT2 INHIBITOR**



### Assess Clinical Factors for Additional Interventions

HR  $>70$  bpm and  
sinus rhythm

- Consider ivabradine\*

Recent HF hospitalization

- Consider vericiguat \*\*

Black patients on optimal GDMT,  
or patients unable to tolerate  
ARNI/ACEi/ARB

- Consider combination  
hydralazine-nitrates

Suboptimal rate control for  
AF, or persistent symptoms  
despite optimized GDMT

- Consider digoxin

*Initiate standard therapies as soon as possible and titrate every 2-4 weeks to target or maximally tolerated dose over 3-6 months*



### Reassess LVEF, Symptoms, Clinical Risk

**NYHA III/IV, Advanced HF  
or High-Risk Markers**

#### CONSIDER

- Referral for advanced HF  
therapy (mechanical circulatory  
support/transplant)
- Referral for supportive/palliative care

**LVEF  $\leq$  35% and  
NYHA I-IV (ambulatory)**

Refer to CCS CRT/ICD  
recommendations

**LVEF  $>$  35%,  
NYHA I, and Low Risk**

Continue present management,  
reassess as needed

NON-PHARMACOLOGIC THERAPIES (EDUCATION, SELF-CARE, EXERCISE)

ADVANCE CARE PLANNING AND DOCUMENTATION OF GOALS OF CARE