

Referral/Consult Appointment Guide for Patients

ASK YOUR REFERRING PROVIDER

Your family doctor is a specialist in family medicine and will refer you to specialists in other fields if necessary for your care. When a request is sent to specialists in other fields, it is called a REFERRAL.

WHAT TO KNOW ABOUT YOUR REFERRAL

- ☐ What kind of specialist am I seeing and why?
 - » Is it to diagnose, treat, manage or do a procedure?
- ☐ Is this referral urgent or routine?
- ☐ How long is the wait to see the specialist?
 - » Are there other options to reduce wait time?

ABOUT MY SPECIALIST APPOINTMENT

Your family doctor or nurse practitioner may not have all the information regarding the specialist appointment at the time of the referral.

- ☐ Some questions to ask regarding your specialist appointment are:
 - » What is the specialist name and address?
 - » Who will tell me about the appointment?
 - » How long should I wait to call back if I have not heard anything about this referral?
 - » Who should I call if I haven't heard anything?
- ☐ Do I need tests or lab work before the specialist appointment?
 - » How soon can I get these tests done?
 - » Will the specialist get my test results before I go?
- ☐ Should I keep a diary or notes of my symptoms or concerns?

OTHER

- ☐ What are we doing now to treat my symptoms until I see the specialist?
 - » If my symptoms worsen, who should I call?
- ☐ Where can I go for more information?
 - » Is there a website or resource you can give me?



Follow the QR code or link below to find the complete guide to help you prepare for your appointment.

It's YOUR HEALTH.

Be a part of it. Ask questions.