

Referral/Consult Appointment Guide for Patients

ASK YOUR SPECIALIST

- ☐ What do they think is going on? Is there a diagnosis?
- ☐ Are there any other tests you need to do to confirm this?
- ☐ Could this be something else? If so, what?
- ☐ How will this affect me and my life?

ABOUT YOUR TREATMENT PLAN

- ☐ Are there any treatments?
 - » Can I start now?
 - » What if I can't pay for my treatment plan or medication?
- ☐ What are the benefits and risks for this treatment?
- ☐ What are my other treatment options?
- ☐ What if I choose to do nothing about this? Is there any risk?
- ☐ How will I know if this treatment is working?

➔ If something doesn't make sense or you are unable to follow doctor's instruction, be sure to talk to your doctor. Speak up, it's your health.

➔ If you have more questions or are confused after you leave, make sure you know who to call to get more information.

YOUR NEXT STEPS

- ☐ Who will be checking on my treatment?
- ☐ Do I have to see you again? If so, when?
- ☐ Should I keep a diary or notes of my progress?

FOLLOW UP

- ☐ When will my family doctor get your report?
- ☐ Will the report include my treatment plan?
- ☐ Where can I go for more information?



Follow the QR code or link below to find the complete guide to help you prepare for your appointment.

It's YOUR HEALTH.
Be a part of it.
Ask questions.