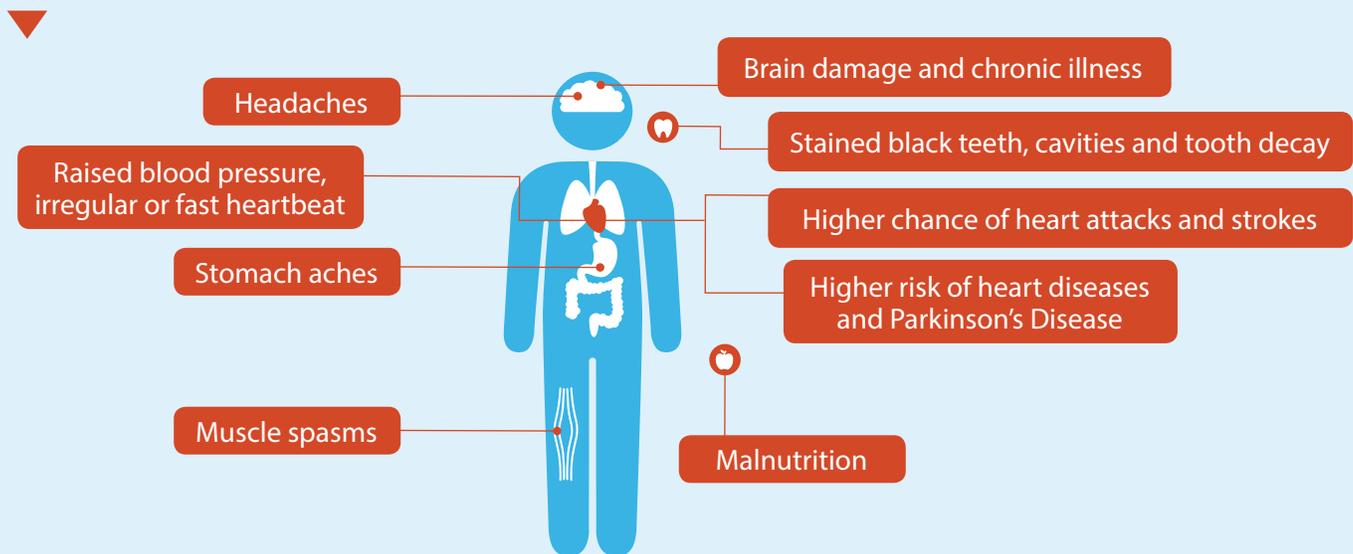


KNOW THE FACTS ABOUT CRYSTAL METHAMPHETAMINE

WHAT IS CRYSTAL METH?

- Also called meth, chalk, crystal, ice, jib, speed
- A synthetic drug that is part of the amphetamines family
- Made with household ingredients, and can also contain **battery acid, drain cleaner, paint thinner, and antifreeze**

WHAT ARE SOME LONG-TERM AND SHORT-TERM EFFECTS ?



EXTREMELY ADDICTIVE. EXTREMELY DANGEROUS.

HOW CAN YOU TELL IF SOMEONE IS USING?

CRYSTAL METHAMPHETAMINE USERS MAY:



Appear restless or have a lot of energy



Experience paranoia or hallucinations



May have skin sores



Act aggressive or become suddenly violent

WHAT FORMS CAN IT BE TAKEN IN?

-  Swallowed in tablet form
-  Injected
-  Snorted from powder
-  Smoked from crystals

IT IS ILLEGAL AND DANGEROUS IN ALL FORMS

IF YOU OR SOMEONE YOU KNOW NEEDS HELP:

To get help or for more information call **HealthLine at 811**, or visit saskatchewan.ca/addictions

saskatchewan.ca/addictions